March/April 2023

Mattituck-Laurel Library Dewsletter



March/April Adult Programs

Register online at www.mattitucklaurellibrary.org

Be sure to check out our monthly grab and go kits! Available at the reference desk.

Adult Programs

Register for programs online at www.mattitucklaurellibrary.org

One-on-One Technology Appointments Mondays and Wednesdays by appointment

You can now schedule an appointment with our technology librarian, Chloe, if you have questions about a device, the Internet, e-books or any other software issue. Please come prepared with a specific question, fully-charged device and know your passwords. Time slots are 30 minutes each. It may be necessary to schedule a follow up appointment if the issue is complex.

Savvy Sightseer: Northern Ireland (Prerecorded video)

Available March 1st-March 31st Northern Ireland, with its rich history and dramatic coastline, may constitute only about one-fifth of the island of Ireland;

and its southern neighbor, the Republic of Ireland, may draw in more tourists, but this is one destination definitely not to be overlooked by travelers! Join Savvy Sightseer Jeanne Schnupp as she takes you on a virtual tour of this fascinating travel destination! Please register online to get a link to this pre-recorded video.

Van Gogh's Olive Groves and the Art of Consolation

Thurs., March 2nd, 11:00 a.m.

In May, 1889, Van Gogh left Arles and traveled to Saint-Rémy where he admitted himself to Saint-Paul Asylum. While recuperating, he began painting olive trees in the region. Discover the spiritual significance of Van Gogh's fifteen paintings of the olive groves. Presented by Jerry Ma-tovcik.

Email Cleanup: Tips and Tricks Thurs., March 2nd, 2 p.m.

Is your inbox full of junk? During this program learn strategies that will help you clean up your inbox and get rid of unwanted emails. We will go over how to mass delete, what you should delete and many other strategies to ensure your inbox is free of clutter.

Green Living and Detoxifying Your Home via Zoom

Thurs., March 2nd, 5:30 p.m. During this presentation, we will discuss how to incorporate health and sustainability into your choices regarding personal care products, cleaners, pesticides and plastics to make your home "green" and toxin-free.

Learn to Crochet with Instructor Alice Jones

Mondays: March 6th, 13th, 20th, 27th; April 3rd and 10th, 4:30 p.m.-6:00 p.m. Join crochet instructor Alice Jones as she teaches you basic crochet stitches in this introductory level class. All participants will finish this class with the skills they need to complete a crocheted hat or scarf. Participants must bring a crochet hook (any size between 6-9) and 1 skein of light-colored yarn. All registrants will be automatically enrolled in all 6 classes.

Where's My Stuff? The Ins and Outs of Managing Space via Zoom

Thursday, March 9th, 5:30 p.m. Professional organizers and co-authors of the self-help book *Beyond Tidy*, Marie Limpert & Annmarie Brogan of Organize Me! of NY, LLC will teach you unique and creative strategies to maximize space and stay in control of your belongings. They will also answer questions and provide organizing solutions to common challenges that get people stuck. Literary Café Fri., March 10th & April 14th, 10 a.m.

Smartphone Photography 101 Sat., March 11th, 11 a.m.-1 p.m.

In this hands-on class, patrons will learn about photography composition, lighting and technicality, as well as the basic settings on a smartphone camera and how to use the settings to capture incredible photos. From the best time of day to photograph to how to work with light and reflections, all participants are sure to walk away with extensive knowledge on how their smartphone camera operates. *Be sure to bring a fully charged smartphone, notebook and pen, to the program.*

Defensive Driving

Tues., March 14th, 9:30 a.m.-3:30 p.m. This 6-hour class is sponsored by the National Point & Insurance Reduction Course. Upon completion, this course reduces 10% from your liability, collision and no-fault insurance for a total of 3 years. It also reduces 4 points from your driving record. It is approved through the NYS DMV. Please bring lunch or snacks with you on the day of the class. There is a nonrefundable fee of \$35 for this class that can be made online or in person via cash or check. Checks should be made payable to Mattituck-Laurel Library. Please note that there is a 20-person minimum required to run this class. In the event that this enrollment requirement is not met, we will refund registrants their \$35 fee. *Please be advised that the instructor is unable to accept late students as per DMV regulations. Please arrive promptly at 9:30 a.m. or a few minutes earlier.

EFT Tapping

Thurs., March 16th, 5:30 p.m.

Emotional Freedom Technique aka EFT / Tapping is a powerful energy modality which helps individuals to address unwanted thoughts, behaviors and emotions leading to stress and anxiety. Applying EFT allows an individual to experience balance and peace of mind during stressful times. Instructor Donna Nesteruk explains how tapping works and will show the tapping points to access the dynamic energy sources within the body.

Island Girls via Zoom

Thurs., March 16th, 7 p.m.

This presentation highlights a sampling of extraordinary women of Long Island who made history during the past three centuries. Included are reformers, journalists, designers, performers and more. This is a Long Island Library Programmer's Association program hosted by Westhampton Free Library.

Irish Yarn with Gil McLean

Sat., March 18th, 2 p.m.

Join us for an exciting concert as guitarist and vocalist Gil McLean performs Irish songs and stories from the 1800s to more modern times. Registration is requested.

Robotic Procedures for Long-Lasting Weight Loss and Improvement of Health Mon., March 20th, 7 p.m.

Learn the latest about Minimally Invasive Robotic Surgery for weight loss and your health! Arif Ahmad, MD, Medical Director of Bariatric and Robotic Center of Excellence at Mather Hospital Northwell Health, will discuss bariatric and robotic surgery and the resolution of comorbidities including Type 2 diabetes, hypertension, obstructive sleep apnea, GERD, coronary artery disease and overall improvement of health with metabolic and bariatric surgery. Presented by the East End Libraries; hosted by Port Jefferson Free Library.

Painting with Lisa Baglivi Thurs., March 30th, 5:30 p.m.

Join artist Lisa Baglivi as she guides you through a step-by-step process in creating your very own spring-themed canvas painting. Artists of all skill levels are welcome.

Burner Law Group Presents, Aging in Place: Homecare Medicaid

Mon., April 3rd, 2 p.m.

Join attorney Britt Burner, Esq. Partner of Burner Law Group, P.C. as she discusses essential Estate Planning documents to have in place, the eligibility requirements, and benefits of the Community (Homecare) Medicaid program.

Penny Lane: A Beatles Tribute Band Sun., April 16th, 2 p.m.

Join us as Penny Lane, Beatles Tribute Band, performs all of your favorite Beatles hits! This program is co-sponsored by the Cutchogue-New Suffolk Free Library and the Southold Free Library. Registration is requested.

Gauguin Portraits

Tues., April 18th, 11:00 a.m. Paul Gauguin (1848–1903) broke with

accepted conventions and challenged audiences to expand their understanding of visual expression, a phenomenon evident in his portraits. Discover how Gauguin infused his work with symbolic meaning by taking on different roles like the Christ figure and the savage in his self-portraits and by placing his models in suggestive settings with alluring attributes. Presented by Jerry Matovcik.

The RMS Titanic: Voyage and Legacy

Tues., April 18th, 6:00 p.m.-7:30 p.m. Learn the history of the ill-fated ship from its construction through its maiden voyage and its discovery at the bottom of the Atlantic in 1985. The legacy, and continued interest in the Titanic will also be explored in this lecture.

Meet Your iPad Fri., April 21st, 11:00 a.m.

This is a class for those who want to understand the basic functions of their iPad. There are certain actions such as adjusting the brightness, taking a photo, or even putting the device in airplane mode that you may want to learn. This class will feature a short lesson on basic capabilities and a brief question and answer session. Please bring your device, passwords, charger and a notebook if you wish to take notes.

Beaded Heart Pendants

Sat., April 22nd, 11 a.m. - 1 p.m. Jewelry Designer and Instructor Donna Irvine will teach you wire wrapping techniques to make a beautiful beaded heart pendant. Patrons will be able to customize their own jewelry by choosing wire color and bead color. Gift this beautiful jewelry to a special mother figure in your life, or keep it to enjoy for yourself.

Lotus Flower Lanterns for Teens and Adults

Thurs., April 27th, 5:30 p.m. - 7 p.m. Join instructor Yon Han of the The Korean Spirit & Cultural Promotion Project to learn how to make a traditional Korean lotus flower lantern using colorful paper and wire frames. You will also learn about Korean History and culture. This program is open to both teens and adults and is cosponsored by Southold Free Library. * Please note that registration for this event will close on 4/20.

The Basics of Raising Chickens for Homeowners

Fri., April 28th, 6:30 p.m.

In person @ Cutchogue-New Suffolk Free Library OR via Zoom. Dr. Mark Bridgen has been raising chickens for more than 30 years. If you want to learn about producing fresh, chemical-free eggs at home, but do not know where to start, this is the seminar for you. Dr. Bridgen's presentation will describe the different kinds of chickens that are available and where to obtain them, how to begin raising chickens, what to do with new chickens when they arrive, options for hen houses, and much more. Presented by Dr. Bridgen, a Professor at Cornell University and Director of Cornell's Long Island Horticultural Research & Extension Center in Riverhead. This is a hybrid program which will be offered in person and on Zoom. Please visit Cutchogue-New Suffolk Free Library's website to register.

Youth and Parenting Department

Please register for programs using the online calendar beginning Monday, February 27, 2023

BIRTH-PRESCHOOL

Jumbo Foam Dinosaur Bones Mon., February 27th - Fri., March 3rd, 11 a.m. – 2 p.m.

Families. Drop in and Design What can you build with these huge bones? A dinosaur, an alien, a creature from the black lagoon? Put your family creativity to work. Recommended for ages 2 and up.

Coding Kids Tues., March 7th

Ages 2-5. Available for self-directed use from 11 - 4. Parents/caregivers and children will learn to code using Fisher Price Code-a-Pillars, an activity set, and picture books.

Kidnastics 12 months – 35 months

Fri., March 10th, 3 p.m. – 3:45 p.m. Ages 12 mo. – 35 months Join Miss Gail for an interactive singing, jumping and fun afternoon.

Kidnastics 3 yrs to 5 yrs

Fri., March 10th, 4 p.m. – 4:45 p.m. Ages 3 yrs – 5 yr preschool Join Miss Gail for an interactive singing, jumping and fun afternoon.

Babies Boogie Mon., March 13th, 4 p.m.

Ages Birth – 2 years Enjoy this high-energy, interactive movement and music program. Program presented by Nicole Sparling.

Toddlers Tango Mon., March 13th, 5 p.m.

Ages 25 months – 3 years A high energy experience with fun musical props for you and your toddler. Program presented by Nicole Sparling.

Parent/Child Rhyme and Play Wed., March 8th, 15th, and 29th, 10-10: 45 a.m.

Ages Birth – 3 years Spend quality time with your child through play and art activities along with a circle time of songs.

Ozobot Fun

Fri., March 24 Ages 2 – 5. Available for self-directed use from 11 - 4. An introduction to coding. Using markers and paper, plan out routes for your Ozobot.

Kidnastics 12 months – 35 months Mon., April 3rd, 3 p.m. – 3:45 p.m.

Ages 12 mo. – 35 months Join Miss Gail for an interactive singing, jumping and fun afternoon.

Kidnastics 3 yrs to 5 yrs

Mon., April 3rd, 4 p.m. – 4:45 p.m. Ages 3 yrs – 5 yr preschool Join Miss Gail for an interactive singing, jumping and fun afternoon.

Babies Boogie

Wed., April 12th, 10 a.m. Ages Birth – 2 years Enjoy this high-energy, interactive movement and music program. Program presented by Nicole Sparling.

Toddlers Tango

Wed., April 12th, 11 a.m. Ages 25 months – 3 years A high energy experience with fun musical props for you and your toddler. Program presented by Nicole Sparling.

KINDERGARTEN – 6TH GRADE

Monthly Scavenger Hunt.

Find all the characters (we will provide clues if you want) and choose a prize from the treasure chest.



LEGO Grades 2 -3 Thurs., March 9th, 4 p.m.

Grades 2-3 Use library LEGO to create your design. We will place it on display in our LEGO case.

Pom Pom Bird Designs

Tues., March 14th, 4 p.m. Grades 4-6 Create bird art using pom poms, hot glue and feathers!

Pom Pom Branches Mon., March 20th, 4 – 4:45 p.m.

Grades K-3 Create a colorful pom pom tree. Dress for a mess as we will be Using paint and hot glue!

Straw Characters

Mon., March 27th, 4 – 4:45 p.m. Grades K-3

Create your own characters with Pipe cleaners and straws!

EEGO Grades 4-6 Fri., March 31st, 4 p.m

Grades 4-6 .Use library LEGO to create your design. We will place it on display in our LEGO case.

Table Tennis Day Thurs., April 6th, 4 p.m.

Grades K-6

With this pre-cut wooden kit you will build, design and learn to play Table Tennis.

Retro Video Games Thurs., April 13th, 2 p.m. -4:30

p.m. Recommended Grades K-6 Drop in and have some fun.

Animal Creations

Mon., April 17th, 4 p.m. Grades K-3 Bring your creativity to this crafty corner and create some familiar and unusual animals.

Yarn Pom Pom Flowers

Tues., April 18th, 4 p.m. Grades 4-6 Create a bouquet of pom pom flowers. We will teach you how to create colorful Pom poms.



Use library LEGO to create and then see them displayed in our case.

Youth and Parenting Department

FAMILY PROGRAMS

"Shamrocking" Crafts

Fri., March 17th, 11 – 3 p.m. Drop in for stories and stations of crafts.

Giant Game Day

Fri., March 17th, 11a.m. – 3 p.m. Drop in and challenge yourself to Some Giant games.

Hello Rain Family Story Time

Tues., April 4th, 4 – 4:45 p.m.

Learn about Rain and create your own rainbow and umbrella to use in the rain.

Turtle Rescue of the Hamptons

Sat., April 8th at 1 p.m.

Join Erika from Turtle rescue and learn about turtles and what to do if you see a turtle.

Jumbo Foam Dinosaur Bones

Mon., April 10 – Fri., April 14th, 11 a.m. – 3 p.m. Drop in and Design. What can you build with these huge bones? A dinosaur, an alien, a creature from the black lagoon? Put your family creativity to work. Recommended for ages 2 and up.

"Citizen Science: Horseshoe Crab Count" Sat., April 22nd at 2 p.m.

In May and early June, yearly horseshoe crab surveys are conducted by organizations to monitor and assess the health of local Horseshoe crab populations. Those organizations rely on "Citizen Scientists" of all ages who join with them to collect data, tag and release horseshoe crabs.

Join us to get an idea of what volunteering for a Horseshoe Count would entail, fascinating information about horseshoe crabs and their unique life cycles, and their importance both to humans and other living creatures.

In this program, families will get hands on experience collecting data on real (non- living) horseshoe crabs, "tagging" them, and filling out a mock survey sheet. Contact information for those wishing to participate in real horseshoe counts will be provided.

LIBRARIES NEED FRIENDS -WE NEED YOU!

Your community library has emerged from its Covid cocoon revitalized and has taken flight with new programs and new program spaces. Our Friends of the Library group, comprised of community members just like you, is also in the process of revitalizing its membership to take flight with new ideas and new programs. To make this happen - We Need You!

We need a core of new people to envision new paths and to assist with the month-to-month operation of the Friends: members willing to be part of a team (and there is strength in numbers!) to provide skills, resources, and a modest amount of time to support and expand the services of your community library. There is real meaning in continuing the project of building an informed, connected, and cordial community. Leave a "local legacy" for your children, grandchildren, and neighbors by volunteering to lend a hand.

Please let us know if you would be interested in helping in the following areas:

Officer Position Programs Membership Drive Marketing and Promotion of the Library Fund Raising

Please let us know by contacting: Dorothy Baumann I dorothybaumann@yahoo.com

We All Benefit from Living in a Community That Loves Its Library, The Friends of Mattituck-Laurel Library, Your Community Library.



MUSEUM PASSES AVAILABLE FOR OUR PATRONS

Manhattan:

Cooper Hewitt Smithsonian Museum of Design The Frick Collection The Guggenheim The Intrepid New York Historical Society American Museum of Natural History (\$5 Voucher)

Long Island:

Children's Museum of the East End Heckscher Museum of Art Landcraft Garden The Long Island Museum Old Westbury Gardens Parrish Art Museum South Fork Natural History Museum

March/April Teen Programs

Register for programs online at www.mattitucklaurellibrary.org

Follow us on Facebook at Mattituck-Laurel Library or Instagram @matt_teens

Registration begins February 27th

Grab and Go Kits!

These kits are available until supplies last. No registration required. Come see Marissa at the Young Adult Services Desk.

March: Mini canvas art (Community Service Oppritunity!)

Get ready for spring by painting a sunflower on a mini canvas! Any teen who brings back their artwork to loan to the teen space for decoration will get 1 hour of community service.

April: Decorate a Flower Pot

This craft is fun and easy to do. Paint your own premade flower pot. Includes flower pot, paints and brushes.

ONGOING EVENTS:

Video Game Drop in (Weekly):

Come ot the Teen Space every Monday from 3-5 p.m. to play video games on the Nintendo Switch!

SAT PREP CLASSES

Sundays, April 2nd, 16th, 23rd, & 30th, 1:00-3:00pm LOCATION: Southold Library Program Fee: \$120

Get a jump start on the May 6th SAT exam! Come ready to learn, leave prepared to excel. Open to ALL high school students. Please register at Southold Library.

Friends of the Mattituck-Laurel Library

Scholarship for Graduating High School Seniors Teens in Mattituck and Laurel are eligible to receive Friends of the Mattituck-Laurel Library Scholarship Award. The **Deadline is May 5th**. Apply online at mattitucklaurellibrary.org or come to the Teen Services Desk to pick up a paper ap-plication.

COLLABORATIVE PROM DRESS DRIVE Month of April

In collaboration with the Town of Southold Youth Bureau and the East End Libraries we will be accepting donations of gently loved, clean, and modern prom dresses, accessories, handbags, or wraps for the month of April. Donations will be accepted in the Teen Departments of Cutchogue New Suffolk Free Library, Floyd Memorial Library, Mattituck Laurel Library, and Southold Free Library. Any donation earns you 1 hour community service.

PROM & QUINCEANERA DRESS SHOWCASE Friday, April 28, 6:00-8:00pm, Saturday, April 29, 12:00-4:00pm & Sunday, April 30, 1:00-3:00pm

LOCATION: Peconic Lane Community Center (just north of Southold Rec. Center) 1170 Peconic Ln, Peconic, NY 11958 FREE dresses and accessories. Check out our display of beautiful formal dresses and accessories generously donated by bridal stores and members in our community. *While supplies last. Any questions contact Tracey Moloney at 631-765-8251 or email Traceym@southoldtownny.gov.

PROGRAMS:

Each time you register for a program you will get a raffle ticket towards an Amazon Gift Card!

Chocolate Snickerdoodle Banana Bread by Chef Rob Grab and Go, March 1st

Enjoy this delicious treat with your friends and family. Kit includes dry ingredients, paper instructions and link to video tutorial.

Perler Bead Program Thurs., March 9th, 3 p.m.

Get crafty using Perler beads! Make your own creations and turn them into magnets or keychains. Templates will be provided, or you can create your own designs!

Super Smash Brothers on the Nintendo Switch Mon., March 20th, 6 p.m.

Have fun and relax with your peers while playing this fun action platform game. Snacks and refreshments will be served beforehand.

Mason Jar Terrarium Tues., April 4th, 4:00 p.m.

Make a beautiful terrarium to add decorative greenery to any space! Great to use as a desk decoration, centerpiece, or even give as a gift.

Cookie Decorating Wars Mon., April 17th, 5:30 p.m.

Come ready to decorate and enjoy some treats! Teens will each be given one large cookie to decorate. Whoever gets the most votes for best cookie design will win a prize. Other snacks and refreshments will be served.

Lotus Flower Lanterns for Teens and Adults Thurs., April 27th, 5:30-7 p.m.

Join instructor Yon Han of The Korean Spirit & Cultural Promotion Project to learn to make a traditional Korean lotus flower lantern using colorful paper and wire frames. You will also learn about Korean History and culture. This program is open to both teens and adults and is shared with Southold Free Library.

TEEN COMMUNITY SERVICE OPPORTUNITIES:

Please email marissa.timm@mattlibrary.org for any community service inquires

- Write a Book Review from our 'New Books' section.
- Kindness Rocks.
- Community Service Bingo.
- Braided Dog Toys.
- Letters to Veterans.
- Decorate a Bookmark.
- Letters to seniors.

LIBRARY HOURS

Monday – Friday: 9 a.m. to 7 p.m. Saturday: 10 a.m. to 4 p.m. Sunday: 1 p.m. to 4 p.m. (Sept. – June) Director: Shauna Scholl, ext. 105 Reference: Sara Colichio, ext. 107 Youth and Parenting Services: Karen Letteriello, ext. 112 Teen Services: Marissa Timm, ext. 113 Reader's Advisor: Bev Wowak, ext. 104 Tech Services: Linda Scholl, ext. 111

Mattituck-Laurel Library

P.O. Box 1437, Mattituck NY 11952 Phone: (631) 298-4134 Fax: (631) 298-4764 https://mattitucklaurellibrary.org A Guide to Your Library's Programs, Events & Services

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Postal Patron

On-Going Classes/Services & Book Discussions

Yoga

Wednesdays, March 15th, 22nd, 29th; April 19th and 26th. Certified instructor Rosemary Martilotta leads this class, which combines postural alignment, conscious breathing, deep relaxation and energy awareness. Bring a yoga mat or towel. This is a 5-class series. There are no prorated rates, refunds or make-up classes available for those who register for the series but have to miss a class. There is a \$60 fee for this series. Walkins are \$20 per class. Payments can be made online via credit card or in person at the circulation desk via cash or check.

Chair Strength and Stretch

Mondays, March 13th, 20th, 27th; April 3rd, 10th, 17th, and 24th, 9 a.m.

Fitness instructor Laurie Short will help you improve your strength, mobility, posture, balance and flexibility during seated (and some) standing exercises. You will use tubing, balls, bands and gliding discs. This one-hour class will keep you moving to the music of the 60s, 70s and 80s. This is a 7-class series. All registrants will be automatically enrolled in all classes. There are no prorated rates available for those who have to miss any classes. No refunds or make-up classes will be available. No walk-ins; all participants must be registered in advance. *Please bring a pair of 3-4 pound dumbbells.* There is a \$35 fee for this series that can be made online via credit card or in person at the circulation desk via cash or check.

Medicare Counseling

Third Tuesday of each month, 1:30 p.m. - 3 p.m.

30-minute sessions, by appointment only, sign up online or call the Library. HICAP - a counseling service that assists Medicareeligible persons with information about benefits, enrollment, insurance, and other options.

Make an appointment with our Social Worker, Seline Thursdays 10 a.m. - 5 p.m.

Appointments and walk-ins welcomed! Seline is available to assist with housing, healthcare, supplemental nutrition, government assistance, employment, counseling, resume writing, voter registration, or simply someone to talk to. To make an appointment email, seline@mattlibrary.org or call/ text 631-621-6229.

Friends of the Mattituck-Laurel Library

Friends Meeting Schedule



Meeting dates: April 18th at 9:30am In the Library Art Gallery

MARCH 2023:

"Heaven and Earth" A Group Show by The Light Painters The Light Painters, a North Fork based photography club will present Heaven and Earth, a group exhibit of fine art photography. Images will include scenes from local North Fork



"Nature's Glitter" - L. Hinsch

and East End locations representing a variety of styles and subject matter. There will be an opening reception on Saturday, March 4th, from 2:30 – 4:30 p.m.

APRIL 2023: A Group Show: The Abstract Surrealist Fellowship

These genres of art are generally underappreciated and misunderstood by the public. It is the belief of the artists that this exhibit will change that perception.



"Purple Swirl" – V. Primavera

CALL FOR ARTISTS: If you wish to exhibit your artwork at the Mattituck- Laurel Library, please contact our Gallery Coordinator, Diana Foster, at 631-298-4134 ext. 110.

LIBRARY CLOSINGS & BOARD MEETING DATES

Library Closings: Easter Sunday - Sunday April 9, 2023

Board Meeting Dates: Monday March 13, 2023, 6:00pm Monday April 10, 2023, 6:00pm

Dorothy Baumann

Membership: Loretta Buscem Treasurer: Kelly Fogarty

Save the date! The Friends will be hosting an Irish Tea on Thursday, March 16, 2023, more information and sign up will be forthcoming.

Jim Underwood President

Nick Timpone Vice President Katie O'Rourke Secretary

Board of Trustees Karenann Volinski Treasurer

Colleen Grattan-Arnoff Peter Kren Trustee Trustee

Secretary: Linda Scholl

Mary Sanchez Trustee