

# Mattituck-Laurel LIBRARY

January/February 2026

Newsletter

## FROM THE DIRECTOR'S DESK

Warm New Year's wishes to our community! We are so grateful for another year of fun, learning, and connection with our patrons, and we look forward to a bright and successful 2026.

January is a wonderful time to rediscover all your community Library has to offer. We have an exciting array of programs and services for all ages, and we are always eager to hear from you. If you have an idea for a program or service you'd like to see, please reach out anytime. While we can't promise everything, we will always do our best to explore new possibilities.

I am proud to share that our Library has been awarded Second Place in the 2025 Suffolk County Library Marketing Award (SLMA) for our year-long Jane Austen programming. Congratulations to our incredible staff and especially to our Jane Austen Committee: Sara Colichio, Sharon Twickler, Martha Terry, and Jenna Geiser - whose creativity, dedication, and hard work made this recognition possible.

This winter brings a variety of programs to help you stay active, creative, and engaged. In addition to yoga and chair aerobics, we are pleased to offer Tai Chi on Fridays at 11:00 a.m. throughout January and February.

Interested in learning an instrument? Join us for Beginner Guitar Lessons, offered in partnership with Southold Library, on Thursdays at 5:15 p.m. through January.

For our chefs and food lovers, we're offering Build Your Own Chocolate and Cheese Board on Monday, February 9 at 5:00 p.m., and Broccoli Cheddar Soup and Brownie in a Mug with Chef Rob on Tuesday, February 24 at 5:30 p.m.

In recognition of Heart Health Awareness Month in February, we will also be hosting indoor walking sessions at 9:00 a.m. and 10:00 a.m.

Please visit our online calendar to sign up for all programs. Can't wait to see you at the Library!

Warmly,  
Shauna Scholl, Director



## IN LOVING MEMORY

In November, we said goodbye to two beloved members of our community:

### **Deborah "Debbie" (Timpone) Sidlauskas**

*April 4, 1951 – November 2, 2025*

Debbie was a familiar and friendly presence behind the circulation desk for many years. Her warm and playful spirit brightened the Library each day. She will be deeply missed.

### **Karen Virginia (Romano) Ross**

*June 11, 1951 – November 7, 2025*

Karen served on the Board of Trustees from 1991–1996, including as Board President during her second term. We are grateful for her dedicated service and leadership. She will be dearly missed.

## BUS TRIP: A LITERARY & ARTFUL DAY IN NYC

**Wed., Feb. 4th, 8:30 a.m.**

Join us to explore one of the city's most treasured cultural destinations, The Morgan Library & Museum. Tour the magnificent library and take in the current Renoir exhibit, featuring exquisite works by the celebrated Impressionist painter. Our adventure continues with a visit to the New York Public Library's iconic Fifth Avenue branch, where we'll marvel at its Beaux-Arts architecture, literary history, and the famous stone lions, Patience and Fortitude.

Afterwards, enjoy free time to stroll through Bryant Park, sip a hot chocolate, or browse the charming shops nearby. Pick up will be at King Kullen in Cutchogue. Registration required. This program is co-sponsored by Cutchogue New Suffolk Library and Southold Free Library. There is an \$89 nonrefundable fee for this program.



# January/February Adult Programs

For programs that require a registration fee, the fee may be paid online, or in person at the circulation desk.

## ADULT WINTER READING CLUB

January 5th-March 2nd



Cozy up with a good book this winter! From January 5th – March 2nd, earn 1 raffle ticket for every book you read. Looking for an extra challenge? Complete the Winter Reading Scavenger Hunt for an

additional raffle ticket! Pick up your reading log and supplies starting Monday, January 5th at the circulation desk.

## TAI CHI

**Fridays: Jan. 9th, 16th, 23rd, 30th; Feb. 6th, 13th, 20th, 27th; 11 a.m.**

Experience the ancient art of Tai Chi in this gentle, low-impact class led by Alan Stewart. Through flowing movements and mindful breathing, participants will enhance balance, flexibility, and overall well-being. Beginners are welcome. Patrons may register for the series or individual walk-in sessions. There is a \$40 fee for this series. Walk-ins are \$6 per class.

## GOOD VIBRATIONS: SOUND JOURNEY WITH MUSIC THERAPIST KATHY PASCA

**Sat., Jan. 10th, 2:00 p.m. - 3:15 p.m.**

Experience relaxation and restoration through soothing sounds of crystal singing bowls, ocean drum, Native American flute, and tuning forks. This immersive listening experience calms the mind, body, and nervous system, promoting a sense of well-being. Registrants are encouraged to wear comfortable clothing and bring a yoga mat or something to lie on.



## LETTER WRITING STATION

**January 11th-17th**

Enjoy the intimacy of letter writing by stopping by our letter-writing station near the circulation desk to craft a thoughtful note. Choose from a variety of stationery and envelopes, then add your personal touch with playful stickers. Need inspiration? We've got writing prompts to get you started.

## BOOK DISCUSSION: WE'LL PRESCRIBE YOU ANOTHER CAT BY SYOU ISHIDA

**Thurs., Jan. 15th, 5:00 p.m.**

Join us for a light-hearted and heartfelt conversation about *We'll Prescribe You Another Cat*, a charming story that celebrates the comfort, chaos, and companionship our feline friends bring into our lives. Bonus for Cat People: Bring a photo of your cat (or cats!) to share, paper, digital, or on your phone to help us make this discussion even more fun! (Sorry non-cat lovers!). Please see the Circulation Desk for a copy of the book.

## BOOK TALK WITH LOCAL AUTHOR

**BONNIE STOCK**

**Tues., Jan. 20th @ 5:30 p.m.** Join local author Bonnie Stock for a lively discussion of her *Moose on the Roof* mystery series. Set in a quaint Vermont town, the series follows a retired Long Island couple who open a bookstore and soon uncover local tensions that lead to murder. Bonnie will share insights into her writing process and answer audience questions. Books will be available for purchase and signing after the event.

## BEGINNER GUITAR LESSON SERIES

**Thursdays: Jan. 22nd, 29th; Feb. 5th, 12th, 5:15 p.m. - 6:15 p.m.**

Learn the fundamentals of music through the guitar with Adam King of Reprise Music. Participants of this four class series will explore beyond the basics of the guitar and learn to play a full song. No experience needed, beginners are welcome. A limited number of guitars are available to borrow; please indicate during registration if you will bring your own or need one provided. There is a \$20 non-refundable fee for this series. This program is co-sponsored by Southold Free Library.

## TALKING THE BILL OF RIGHTS (VIA ZOOM)

**Fridays: Jan. 23rd and Feb. 27th, 6 p.m.**

Join former lawyers-turned-librarians Mara Zonderman and Terry Lucas for a monthly Zoom series exploring the history, significance, and modern relevance of the Bill of Rights. This is an East End Libraries Event.

## VISION BOARD COLLAGE CRAFT

**Tues., Jan 27th, 5 p.m.**

Spark inspiration for the year ahead! Create a personalized vision-board-style collage using magazines, scrapbook paper, stickers, and other craft materials to reflect your goals and intentions for 2026. All materials will be provided.

## INVITATION TO THE OPERA: STRAUSS'S ARIADNE AUF NAXOS

**Wed., Jan. 28th, 1 p.m.**

This highly praised Zurich Opera House production of Strauss's *Ariadne auf Naxos* features strong performances by Emily Magee as Ariadne, Robert Sacca as Bacchus, and Elena Mosuc as Zerbinetta.

## CELEBRATE HEART HEALTH AWARENESS MONTH WITH US!

**Fridays during the month of February; 2 sessions each Friday: 9:45 am and 10:45 am; spaces limited to 6 people per session.**

Join us throughout February for a fun, energizing way to boost your heart health. We'll walk together for 45 minutes inside our large meeting room and hallway while upbeat music keeps us moving—and if the weather cooperates, we'll head outside for a refreshing walk. Be sure to wear red on Friday, February 6, in honor of Wear Red Day! Register for one session or join us for all of them—whatever works best for you. Let's get moving and support heart health together!

## PENNING, PITCHING & PROMOTING A MURDER MYSTERY SERIES (VIA ZOOM)

**Fri., Feb. 6th, 5 p.m.**

Authors Marcia Rosen and Claudia Riess will share their individual experiences and discoveries within the murder mystery genre. They'll discuss creating memorable characters, co-mingling of fact and fiction, pitching & promoting to agents, and much more. An East End Libraries Event hosted by Shelter Island Public Library.

## HEARTS AND CRAFTS: VALENTINE MAKING

**Sun., Feb. 8th, 2 p.m.**

Celebrate Valentine's Day with a cozy and casual afternoon of crafting! Create something special to give to a loved one or keep for yourself. A variety of materials will be provided, including colorful paper, ribbon, stickers, vintage ephemera, and more. Light refreshments will be served.

## BUILD YOUR OWN CHOCOLATE AND CHEESE BOARD

**Mon., Feb. 9th, 5:00 p.m. - 6:30 p.m.**

Create your own delicious cheese and chocolate board with Raven Janoski of the Village Cheese Shop. Raven will share expert tips on selecting, pairing, and arranging ingredients, then guide you step-by-step in crafting a beautiful board of your own. There is a \$10 nonrefundable fee for this program. \*Registrants will need to bring their own board no smaller than 12"x6".



Your Mattituck-Laurel Library card gives you access to museum passes and discounted attraction tickets. Reserve museum passes online or by calling 631-298-4134. A complete list of museum pass offerings is available on our website. Discount tickets are also available, including Long Island Aquarium tickets for \$39 (adults) and \$28 (children & seniors). These tickets never expire and include the butterfly exhibit. Additionally, American Museum of Natural History tickets are available for \$5 at the Reference Desk. **Cash or check accepted for purchase of discounted tickets.**

# January/February Adult Programs

For programs that require a registration fee, the fee may be paid online, or in person at the circulation desk.

## THE LETTER: A MESSAGE FOR OUR EARTH

**Wed., Feb. 18th, 2 p.m.**

This year is the 800th Anniversary of St. Francis of Assisi, an "example par excellence of care for the vulnerable and of an integral ecology." In commemoration, we offer the documentary film that explores the story of Pope Francis's letter (*Laudato Si*) to all people to care for our planet. (This will serve as an introduction to future programs on climate change and social justice.)

## LILPA PRESENTS: WOMEN'S HEART HEALTH (VIA ZOOM)

**Thurs., Feb. 19th, 12**

Coronary artery disease is the leading cause of death for both women and men in the U.S. While the incidence in men has been long appreciated, the impact on women has been underestimated for many years. Dr. John P. Reilly, Chief of Cardiology at Stony Brook Southampton Hospital, will discuss the contributing risk factors and common misconceptions about heart disease in women, as well as treatment options and suggestions for healthy lifestyle changes. This program is sponsored by Stony Brook Southampton Hospital.



## FILM: ZORA NEALE HURSTON: CLAIMING A SPACE

**Mon., Feb. 23rd, 1:00 p.m. - 3:00 p.m.**

Join us for a PBS documentary exploring the life and legacy of author Zora Neale Hurston. Known as a literary force of the Harlem Renaissance, Hurston was also a groundbreaking anthropologist whose work challenged assumptions about race and gender. Don't miss this inspiring portrait of a trailblazing scholar and storyteller.



## BROCCOLI CHEDDAR SOUP AND BROWNIE IN A MUG WITH CHEF ROB

**Tues., Feb. 24th, 5:30 p.m. - 7 p.m.**

Chef Rob will prepare an extra sharp cheddar and broccoli soup for patrons to enjoy at the library and a "Love a Brownie in a Mug" to take home for dessert. There is a \$10 nonrefundable fee for this program. \*Registrants will need to bring a mug to this class.

## INVITATION TO THE OPERA: PUCCINI'S MADAMA BUTTERFLY

**Wed., Feb. 25th, 1 p.m.**

Anthony Minghella's gorgeous cinematic spectacle, starring Patricia Racette as the teenaged geisha, Cio-Cio-San. Racette exudes Cio-Cio-San's innocence, submissiveness and all-consuming naïve love for Pinkerton. Hers is a performance not to be missed.

## BOOK DISCUSSION: A GUARDIAN AND A THIEF BY MEGA MAJUMDAR

**Thurs., Feb. 26th, 5 p.m.**

Set in a near-future, climate-ravaged Kolkata, the novel follows Ma, a mother trying to secure a better life for her daughter, and Boomba, a young man who steals her purse to help his own family. Over the course of one week, their lives collide, exploring the fine line between guardian and thief and the lengths people go to protect their loved ones. Registered participants can pick up a copy of the book at the circulation desk starting January 15th. \*Please do not register unless you plan to attend the book discussion.

## AMERICAN COOKBOOKS WITH LESLIE GODDARD (VIA ZOOM)

**Thurs., Feb. 26th, 7 p.m.**



Among the thousands of American cookbooks published over the past 250 years, a group of milestone best-sellers have profoundly influenced how we cook and eat. This illustrated talk led by historian Leslie Goddard, Ph.D., explores ten notable cookbooks that shaped us, from Fannie Farmer and Irma Rombauer to Julia Child and Craig Claiborne. This program is co-sponsored by Southold Free Library and North Shore Public Library.



## CITIZENSHIP ASSISTANCE

If you are in need of assistance in preparing for the citizenship exam, please get in touch with the reference department by calling 631-298-4134 or emailing us at [reference@mattlibrary.org](mailto:reference@mattlibrary.org). We can put you in touch with a tutor and provide you with additional resources.

## THE LETTER: A MESSAGE FOR OUR EARTH

**Wed., Feb. 18th, 2 p.m.**

This year is the 800th Anniversary of St. Francis of Assisi, an "example par excellence of care for the vulnerable and of an integral ecology." In commemoration, we offer the documentary film that explores the story of Pope Francis's letter (*Laudato Si*) to all people to care for our planet. (This will serve as an introduction to future programs on climate change and social justice.)



## eResources



## DISCOVER A WORLD OF RESOURCES WITH YOUR LIBRARY CARD!

Your Mattituck-Laurel Library card gives you access to databases for research, genealogy, coding, car repair, legal forms, and more—anytime, from home or at the library. Plus, enjoy our digital resources:

- **Libby** – e-books & e-audiobooks
- **Flipster** – digital magazines
- **Brainfuse** – free tutoring, test prep, job help, and veteran resources
- **Hoopla** – audiobooks, eBooks, comics, movies, TV, magazines, & music
- **Kanopy** – festival, indie, and world cinema

Visit our website to explore all databases and digital resources and start discovering today!

# Youth and Parenting Department

Please register for programs using the online calendar beginning Monday, August 4, 2025

## BIRTH-PRESCHOOL

### PARENT/CHILD RHYME AND PLAY

**Wednesday, January 7 – February 4, 9:30 – 10:15 a.m.**

**Ages 18 months – 3 years**

Spend quality time with your child through play and art activities along with a circle time of songs.

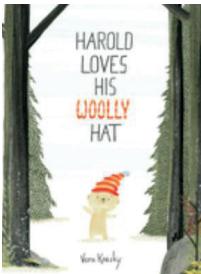
### PLAYDOUGH FUN

**Tuesday, January 13th, 11 a.m.**

**Ages Birth – 4 years preschool**

Join us and play with playdough.

Roll it, cut it out and enjoy fine motor skill fun.



### HAROLD LOVES HIS WOOLLY HAT

**Tuesday, January 20, 10 a.m.**

**Ages Birth – 4 years preschool**

Enjoy the story by Vern Kousky  
Harold Loves his Woolly Hat.

Decorate your own woolly hat.

### BABIES BOOGIE

**Tuesday, February 3, 4 p.m.**

**Ages Birth – 2 years**

Enjoy this high-energy, interactive movement and music program. Program presented by Nicole Sparling.

### TODDLERS TANGO

**Tuesday, February 3, 5 p.m.**

**Ages 25 months – 3 years**

A high energy experience with fun musical props for you and your toddler. Program presented by Nicole Sparling.

### LET'S MAKE MUSIC FOR LITTLES

**Tuesday, February 17, 10 a.m.**

**Ages Birth – 4 years preschool**

Join Music Therapist Anne O'Rouke and move to the beat. Enjoy a combination of both familiar and original children's music. Sing, play instruments, explore concepts like fast/slow and so much more!



### HULA HOOPING FOR LITTLES

**Thursday, February 26, 4 p.m.**

**Ages 2 – 4 preschool**

Join Jeanne for this fun hula hooping time.

## KINDERGARTEN – 6TH GRADE

### MONTHLY SCAVENGER HUNT

Find all the characters (we will provide clues if you want) and choose a prize from the treasure chest.

### DROP IN RETRO VIDEO GAMES

**Friday, January 9th, 2:30- 4:30 p.m.**

**Grades K-6**

Join us in the Tween Place and enjoy some old school games.

### READ TO A DOG

**Monday, January 12, 4 p.m.**

**Grades K-6**

Sitting down and reading out loud to a dog creates a fun and safe experience. Each child will have a 10 minute reading slot.

### LEGO K-6

**Tuesday, January 13, 4 p.m.**

**Grades K-6**

Use library LEGO to create your design. We will place it on display in our LEGO case.



### MINECRAFT SNOW GLOBES

**Thursday, January 29, 4:40 - 6 p.m.**

**Grades K-3**

Unlock three magical activities: Can you navigate the Snow globe maze and create your own miniature world Inside a snow globe? Then team up for a survival mission.



### DROP IN RETRO VIDEO GAMES

**Friday, February 6, 2:30 p.m. - 4:30 p.m.**

**Grades K-6**

Join us in the Tween Place and enjoy some old school games.

### READ TO A DOG

**Monday, February 9, 4 p.m.**

**Grades K-6**

Sitting down and reading out loud to a dog creates a fun and safe experience. Each child will have a 10 minute reading slot.

### LEGO K-6

**Tuesday, February 12, 4 p.m.**

**Grades K-6**

Use library LEGO to create your design. We will place it on display in our LEGO case.

## LET'S MAKE MUSIC FOR KIDS

**Tuesday, February 17, 10:45 a.m.**

### Grades K - 3

Join Music Therapist Anne O'Rouke and move to the beat. Enjoy a combination of both familiar and original children's music. Sing, play instruments, explore concepts like fast/slow and so much more!

## HULA HOOPING FOR KIDS

**Thursday, February 26, 5 p.m.**

### Grades K-3

Join Jeanne for this fun hula hooping time.

## FAMILY PROGRAMS

### PENGUIN STORIES AND ICE CREAM

**Tuesday, January 20, 4 p.m.**

#### For Families

This fun, family-friendly program brings together storytelling, creativity, and hands-on treat-making. Participants will enjoy tales about penguins and then craft their own adorable penguin-shaped ice cream sandwiches.



### PENGUIN ICECAPADE RACES

**Wednesday, January 21, 4 p.m.**

Join us for this lively, movement-based program where participants step into the flippers of their favorite Antarctic birds and race, waddle, slide, and glide their way through a series of penguin-inspired challenges. This playful event promotes physical activity, teamwork, and imaginative fun while celebrating one of nature's most entertaining animals.

### PARTY WITH A PENGUIN

**Thursday, January 22, 4 p.m.**

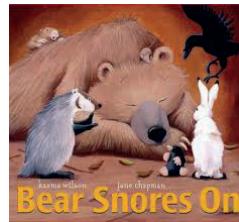
Party with a Penguin is a joyful, interactive celebration filled with stories, games, crafts, and frosty fun all themed around one of the world's most lovable animals. This program brings the magic of penguins to life. Get ready to waddle, giggle, and celebrate as we step into a wintery world where penguins rule the party. Participants will enjoy a blend of activities.

### TAKE YOUR CHILD TO THE LIBRARY

**Saturday, February 7, 1 p.m.**

#### For Families

**Turtle Rescue of the Hamptons** "Learn all about turtles and the challenges they face here on Long Island. Turtles are a vital part of any ecosystem, but there are many obstacles to their survival as a species. Don Lanham of Turtle Rescue of the Hamptons will educate us on how to increase their chances of survival, both locally and worldwide. He will also speak about the rehabilitation efforts of Turtle Rescue of the Hamptons, and how to utilize their services when you find a turtle in distress. We will be educated on native turtle species, and even meet some local turtles!" Don brings education ambassadors to the programs including a snapping turtle, eastern box turtle, and a diamondback terrapin.



## BEAR SNORE'S ON

**Tuesday, February 10, 4:00 p.m.**

#### For Families

Enjoy this wonderful story by Karma Wilson. Design your own fabric bear then Make a bear den out of graham crackers for you teddy graham.

## CELEBRATE MO WILLEMS BIRTHDAY

**Wednesday, February 11, 10 a.m. – 5 p.m.**

Stop in and make some character puppets. Share some stories.

## SNOWMAN STORIES AND S'MORE'S

**Wednesday, February 18, 11 a.m. – Noon**

#### For Families

Enjoy snow filled stories. Eat a s'more.



## LEGO BUILD WITH A BAG

**Thursday, February 19, 3 p.m. – 4:30 p.m.**

Each participant gets to choose a bag of LEGO. Challenge yourself to see what you can build. You get to take your LEGO home.

## VIDEO GAME DAY

**Friday, February 20, 11 a.m. – 4 p.m.**

Dive into a nostalgic lineup of classic retro games, reliving the charm of early consoles and pixel-style adventures. If you're looking for something more current, you'll also have the chance to try out popular titles on the Nintendo Switch and Nintendo Wii. Whether you're rediscovering old favorites or testing your skills with motion-controlled gameplay, this program offers a relaxed, social environment perfect for gamers of every level.

## FEATURED THIS NEWSLETTER:

Check out the online resources available for the Children's Department. Go to the dropdown menu titled **Research & Learn**.

**Nat Geo Kids:** National Geographic magazines, books, videos and pictures for children.



# Teen Programs

Registration begins December 8th

Register for programs online at  
[www.mattitucklaurellibrary.org](http://www.mattitucklaurellibrary.org)

Follow us on Facebook at Mattituck-Laurel Library  
or Instagram @matt\_teens

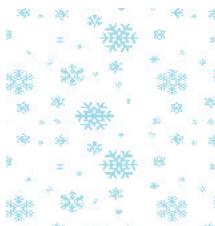
## COMMUNITY SERVICE OPPORTUNITIES:

\*Please email [marissa.timm@mattlibrary.org](mailto:marissa.timm@mattlibrary.org) for any community service inquires.\*

## GRAB AND GO COMMUNITY SERVICE KITS ARE AVAILABLE ON AN ONGOING BASIS:

- Braided Dog Toys.
- Cards for seniors.
- Decorate a Bookmark.
- Follow us on social media: Facebook (Mattituck-Laurel Library.) Instagram (@matt\_teens.)
- I Love My Library
- Kindness Rocks.
- Letters to Veterans.
- Postcards for children in hospitals.
- Seasonal mini canvas paintings.
- Write a Book Review

## PROGRAMS:



### WINTER PAINTING AND WAFFLES (COMMUNITY SERVICE OPPORTUNITY!)

**Sat., January 10th, 11am**

Join us for a cozy Saturday morning of waffles and winter-themed painting! Teens can paint just for fun, donate their artwork for community service hours, or do both. Donated paintings will help brighten and decorate our teen space. All supplies (and waffles!) provided.



### DIY WINTER WELLNESS KITS

**Tues., January 13th, 4:30pm**

Spend a relaxing winter afternoon creating your own wellness kit with hands-on stations like DIY heating pads, lip balm, lotion and mood-tracking keychains. Teens will head home with a set of cozy, calming items designed to support winter self-care. All materials provided.



### DON'T CROSS THE LINE: RESPECTING PERSONAL BOUNDARIES

**Location: Cutchogue-New Suffolk Free Library**

**Thurs., January 22nd, 6:30pm**

This program helps teens understand what healthy boundaries look like in all kinds of relationships. Students will learn the difference between emotional and physical boundaries and practice easy ways to set and protect them through interactive role-play activities. They'll explore real-life situations like peer pressure, bullying, or rumors, and learn how to respond if boundaries are crossed. The workshop also teaches how to support friends, recognize boundary violations, and know who to turn to for help both in and outside of school.



## SWEET & SIMPLE SNACKS

**Mon., January 26th, 5:30pm**

Join us for a fun, hands-on afternoon making delicious treats! Teens will whip up a variety of sweet snacks like Rice Krispies pops, whoopie pies, no-bake truffles, and a mix of other goodies to enjoy or share. All ingredients and supplies provided—just bring your appetite!

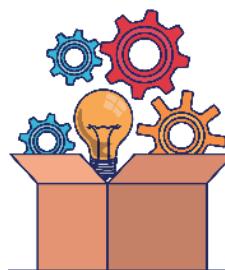


## SAT PREP COURSE @ SOUTHOLD FREE LIBRARY

**Sat., February 1st, 8th, 22nd and March 1st, 1:00-3:00pm**

**Fee: \$120 (for all 4 sessions)**

Learn skills and strategies to help raise your scores on the next exam! Come ready to learn, leave prepared to excel. Open to ALL high school students. Registration can be done on the Southold Free Library website. Located at 53705 Main Road, Southold, NY 11971.



## TEEN MAKERSPACE

**Wed., February 11th, 5:30pm**

Get creative in our crafty makerspace! Teens can design and personalize items like bracelets, magnets, stenciled tote bags, and fun duct tape projects. Make something cool to take home while exploring your creativity—supplies provided!



## WINTER SKATING PARTY @ THE GREENPORT AMERICAN LEGION

**Thurs., February 19th, 1:00-3:00pm**

Looking for fun while you are off from school? Join us for a fun afternoon of skating to music and sipping on warm hot chocolate! Meet at the Greenport American Legion to enjoy a private library skating event with friends. Roller skate rental included, or you can bring your own.



## HELP PLAN YOUR SUMMER!

**Fri., February 27th, 4:00pm**

Have your say about what happens this summer at the library in the Teen Department! Join us to give feedback on summer programs and help choose summer reading prizes. Pizza will be served, and participants will earn 1 hour of community service while shaping a summer full of fun and activities.

# On-Going Classes/Services

## GENTLE YOGA

**Wednesdays: Jan. 7th, 14th, 21st, 28th; Feb. 4th and 11th; 5:15 p.m.-6:45 p.m.**

Certified instructor Rosemary Martilotta leads this gentle yoga class, which combines postural alignment, conscious breathing, deep relaxation and energy awareness. All abilities welcome. Please bring a yoga mat or towel. This is a six-class series. All registrants will be automatically enrolled in all classes. There are no prorated rates available for those who have to miss any classes. No refunds or make-up classes will be available. There is an \$80 fee for this series. Walk-ins are \$20 per class. Payments can be made online via credit card or in person at the circulation desk via cash or check.

## CHAIR STRENGTH AND STRETCH

**Mondays: Jan. 5th, 12th, 26th; Feb. 2nd, 9th, 23rd; 9:15 a.m.**

Fitness instructor Laurie Short will help you improve your strength, mobility, posture, balance and flexibility during seated and (some) standing exercises. You will use tubing, balls, bands and gliding discs. This one-hour class will keep you moving to the music of the 60s, 70s and 80s. This is a six-class series. All registrants will be automatically enrolled in all classes. There are no prorated rates available for those who have to miss any classes. No refunds or make-up classes will be available. No walk-ins; all participants must be registered in advance. \*Please bring a pair of 3-4 pound dumbbells.\* There is a \$30 fee for this series that can be made online via credit card or in person at the circulation desk via cash or check. Registration for the March/April 2026 session will open Feb. 23rd at 10:15 a.m.

## CAREGIVER SUPPORT GROUP

**Mondays: Jan. 12th and Feb. 9th, 10:00 a.m.-11:30 a.m.**

Build a support system with people who understand. Alzheimer's Association support groups, conducted by trained facilitators, are a safe place for caregivers to develop a support system, exchange practical information on challenges and possible solutions, talk through issues and ways of coping, share feelings, needs and concerns, and learn about community resources.

## MEDICARE COUNSELING

**Third Thursday of each month, 1:30 p.m. - 3 p.m.**

These 30-minute sessions are by appointment only. Please sign-up online or call the Library. HICAP is a counseling service that assists Medicare-eligible persons with information about benefits, enrollment, insurance, and other options.

## ONE-ON-ONE TECHNOLOGY APPOINTMENTS

**By appointment**

Schedule an appointment if you have questions about a device, the Internet, e-books or any other software issue and a staff member will get back to you. Please come prepared with a specific question, fully-charged device, and know your passwords. Time slots are 30 minutes long. It may be necessary to schedule a follow-up appointment if the issue is complex.

## In the Library Art Gallery

### JANUARY 2026:

#### A Group Show by Good Ground Artists

Good Ground Artists is an eclectic group of artists whose work ranges from traditional to abstract and surreal. The artists hail from Hauppauge to Southold, and from Moriches to East Hampton. This group has been exhibiting extensively in Suffolk County for over 10 years. Clovis Winery and the Water Mill Museum are just two places that exhibit their work annually. "A dazzling array of Artworks to brighten up your January."

All are invited to a reception being held in the Library's Art Gallery on Sunday, January 11th, from 1-3 p.m.



"Untitled" – F. Gold

### FEBRUARY 2026:

#### New Paintings by Alan Bull

Alan Bull is originally from Old Town, Maine, and he studied at the Philadelphia College of Art. He was the artist in residence at the William Steeple Davis House in Orient from 1996-1998. In 2000 Alan received a NYSCA Community Connections grant for 'Farm Freight', an exhibition of paintings and photographs documenting the agricultural railroad depots on Long Island's North Fork, which was shown at the Oysterponds Historical Society and the East End Arts Council. In 2019 he illustrated *Augustus and Me*, a children's book about the history of Orient written by Janice Rose, and he has recently illustrated other children's books, and an album cover for Ian Hunter on Sun Records. Alan exhibits his work regularly in Orient and at the North Fork Art Collective in Greenport.

"I grew up in central Maine, and spent childhood summer vacations on my grandparent's Orient farm. The unique light of the North Fork of Long Island has been the subject of much of my recent work, and I continue to find my own voice as an artist by painting this special place." — Alan Bull

All are invited to a reception being held in the Library's Art Gallery on Sunday, February 8th, from 1:30-3:30 p.m.



"Safe Harbor" – A. Bull

**CALL FOR ARTISTS:** If you wish to exhibit your artwork at the Mattituck-Laurel Library, please contact our Gallery Coordinator, Diana Foster, at 631-298-4134 ext. 110.

**LIBRARY HOURS****Monday – Friday: 9 a.m. to 7 p.m.****Saturday: 10 a.m. to 4 p.m.****Sunday: 1 p.m. to 4 p.m. (Sept. – June)****Director:** Shauna Scholl, ext. 105**Reference:** Sara Colichio, ext. 107**Youth and Parenting Services:** Karen Letteriello, ext. 112**Teen Services:** Marissa Timm, ext. 113**Mattituck-Laurel Library**

P.O. Box 1437, Mattituck NY 11952

Phone: (631) 298-4134 Fax: (631) 298-4764

<https://mattitucklaurellibrary.org>*A Guide to Your Library's Programs, Events & Services*

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## Friends of the Mattituck-Laurel Library

Friends of the Mattituck-Laurel Free Library is a dedicated supporter of your community library. The group raises funds through a yearly membership drive and continuous book sales. These monies support, in conjunction with the library, Free Concerts throughout the year; Children's Summer Programs, with an End of Summer Hot Dog Picnic held in the Green Space; a Health Fair; a Pumpkin Decorating event in October; and the Dolly Parton Imagination Library.

In addition, through donations from local businesses, the Friends hold monthly raffles, benefiting a scholarship fund for graduating Mattituck-Cutchogue High School seniors. Our monthly raffles began in June, with a basket gifted by a library patron. From July through January, the baskets contain items donated by our local businesses. We encourage residents to shop local, and

thank the following for supporting our scholarship fund: Amano's, Ammirati's, Blue Sage Day Spa, Briermere Farms, Cassandra Mari Salon, Clovis Point Winery, Cutchogue Diner, Epic Nails, Founder's Tavern, Hampton Coffee Company, Jan's Chinese Food, Lenz Winery, Lombardi's Love Lane Market, Love Lane Kitchen, Lucharitos Mattituck, Nails by Vivian, NoFo Pot Pies, North Fork Chocolate, North Fork Fiber Arts, Mattituck Marketplace, On the Docks, Orlowski Hardware, Pellegrini Vineyards, Pookaberry Cafe, Rowan Craft Boutique, Starbucks, Taco 105, Touch of Venice Restaurant, Trendsetter by Camille Salon, Village Cheese Shop, Village Dry Cleaners, Vintage Mattituck Wine & Spirits and Waypoint Restaurant.

**The Friends do not meet January, February or March. Our next meeting is April 21, at 9:30 a.m.**

### LIBRARY CLOSINGS & BOARD MEETING DATES

**LIBRARY CLOSINGS:****New Year's Day - January 1, 2026****Martin Luther King Day - January 19, 2026****President's Day - February 16, 2026****BOARD MEETING DATES:****Mon., January 12, 6PM****Mon., February 9, 6PM**

Jim Underwood President	Mary Sanchez Vice President	Katie O'Rourke Secretary	<b>Board of Trustees</b> Colleen Grattan-Arnoff Treasurer	John Carter Trustee	Peter Kren Trustee	Randi Teitel Trustee
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